



# ***South African Mens Unequipped Powerlifting Record***

**Liam Schultz**

**Sub-Junior**

**in the 120kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**245kg Squat**

**Harrie Smith**

President



Affiliated to



# ***South African Mens Unequipped Powerlifting Record***

**Liam Schultz**

**Sub-Junior**

**in the 120kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**270kg Deadlift**

**Harrie Smith**

President



Affiliated to



# ***South African Mens Unequipped Powerlifting Record***

**Liam Schultz**

**Sub-Junior**

**in the 120kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**615.5kg Total**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Johnde Victor**

**Sub-Junior**

**in the 120+kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**215kg Squat**

**Harrie Smith**

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President





# ***South African Mens Unequipped Powerlifting Record***

**Johnde Victor**

**Sub-Junior**

**in the 120+kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**145kg Bench Press**

**Harrie Smith**

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President





# ***South African Mens Unequipped Powerlifting Record***

**Johnde Victor**

**Sub-Junior**

**in the 120+kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**245kg Deadlift**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Johnde Victor**

**Sub-Junior**

**in the 120+kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**595kg Total**

**Harrie Smith**

President





# ***South African Womens Unequipped Powerlifting Record***

**Bronwyn Marshall**

**Sub-Junior**

**in the 72kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**102.5kg Squat**

**Harrie Smith**

President



Affiliated to



# ***South African Womens Unequipped Powerlifting Record***

**Bronwyn Marshall**

**Sub-Junior**

**in the 72kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**117.5kg Deadlift**

**Harrie Smith**

President





# ***South African Womens Unequipped Powerlifting Record***

**Bronwyn Marshall**

**Sub-Junior**

**in the 72kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**267.5kg Total**

**Harrie Smith**

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President





# ***South African Mens Unequipped Bench Press Record***

**Jonde Victor**

**Sub-Junior**

**in the 120+kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**145kg Bench Press**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Francois Maritz**

**Junior**

**in the 105kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**270kg Squat**

**Harrie Smith**

President





# ***South African Mens Unequipped Powerlifting Record***

**Francois Maritz**

**Senior**

**in the 105kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**270kg Squat**

**Harrie Smith**

President





# ***South African Womens Unequipped Powerlifting Record***

**Laura Newman**

**Senior**

**in the 63kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**135kg Squat**

**Harrie Smith**

President





# ***South African Womens Unequipped Powerlifting Record***

**Sandri van Staden**

**Senior**

**in the 84kg Division**

**competed on 01 December 2015 in the**

**Commonwealth Championships**

**77.5kg Bench Press**

**Harrie Smith**

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President

